

Interim Ministry Bulletin FEBRUARY 2019

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Welcome to the latest Interim Ministry Bulletin. The Diocese of Chelmsford sends this out as a result of additional capacity building funding from the Church Commissioners' Strategic Development Fund, with the aim of extending networking and training in Interim Ministry. You are welcome to send contributions on events, news, aspects of IM, short publication reviews, and *IM Focus* features about how IM is being used in particular dioceses.

IM FOCUS - Interim ministry in the Diocese in Europe. The Diocese in Europe started exploring IM in 2015 and launched a training and recruitment programme in 2017. *Read the full story in IM Focus.*

IM VIEWPOINT – Rt Revd Robert Springett looks at a framework for reflecting and reporting on Interim Ministry which is courageously theological, pastoral, practical and spiritual. *Read his reflection in IM Viewpoint.*

EVENTS - IM Regional Networking Meeting 2019 - Monday 13th May 2019 – Hosted by the Diocese of Leeds, Church House, 17-19 York Place, Leeds LS1 2EX. A one-day networking meeting to gather those working with IM to discuss current issues with regional perspectives on IM. Free. To reserve your place please contact: The Revd Andrew Tawn, Director of Clergy Development, Diocese of Leeds, Tel: 0113 3530 284 E: andrew.tawn@leeds.anglican.org

Informal IM Gathering – April 3rd 2019, Stratford, London E15. Chelmsford IMs will be happy to welcome other IMs for an informal gathering on Wednesday April 3rd from 4-6.30pm. This is an opportunity to gather with fellow IMs to share thinking and experiences in IM. Contact: Helen Gheorghiu Gould. hgheorghiu Gould@chelmsford.anglican.org

TRAINING – Family Systems: Managing a Big Anxious Family – Either 3 or 4th July 2019 (Provisionally). The Diocese of Chelmsford is currently planning a one-day event with Bridgebuilders in *Stratford, East London*, offering an introduction to Family Systems and how IMs might manage the dynamics of anxiety. Expressions of interest via email initially to: lwatson@chelmsford.anglican.org

RESOURCES

Family Systems Theory and how it connects with Interim Ministry – a short paper by Revd Helen Gheorghiu Gould on how Family Systems supports IM, development in reflection and response to Bridgebuilders' **Leading in Anxious Times** (see below). Download from: <http://www.chelmsford.anglican.org/ordained-ministry/interim-ministry>

Leading in Anxious Times – A Systems Approach to Leadership – April & May 2019: Bridgebuilders course on leadership and family systems deepens the capacity of Christian leaders to stay at peace in challenging situations, through exploring relationships and patterns within the leader's own family of origin, and in the light of a systems approach to leadership. It draws on the insights of Family Systems Theory developed by Murray Bowen. Given Family Systems has been so important to process tasks in IM, this will be a useful resource, especially since there are few training opportunities for Family Systems in the UK. Further details from:

<https://www.bbministries.org.uk/training/foundation-courses/>

Online resources: TED Talks on developing trust and cooperation

Brené Brown on vulnerability: https://www.ted.com/talks/brene_brown_on_vulnerability?language=en

...and if you want the follow up which is even better: https://www.ted.com/talks/brene_brown_listening_to_shame

Simon Sinek on why good leaders make you feel safe:

https://www.ted.com/talks/simon_sinek_why_good_leaders_make_you_feel_safe/discussion

NEXT ISSUE – April 2019. Deadline March 22nd 2019. Please send any news, contributions, book reviews or enquiries to hgheorghiu Gould@chelmsford.anglican.org

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The Church of England
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